

# MOUTH HEALTH MATTERS!

— exploring oral-systemic health —

## DIABETES

**29.1**  
MILLION

people with diabetes  
in the United States.<sup>1</sup>



**1 in 4 people**

do not know they  
have diabetes.<sup>2</sup>



More than

**1 in 3 adults**

has prediabetes.<sup>3</sup>



95% of people with  
diabetes also have  
periodontal disease.<sup>3</sup>



People with periodontal  
disease have more  
difficulty controlling their  
blood sugar level.<sup>4</sup>



**\$1 in \$5**



1 in 5 healthcare dollars is spent caring for people with diabetes.<sup>6</sup>



**\$2,840**

per year for Diabetes Patients

Treating gum disease lowers annual medical costs associated with diabetes.<sup>5</sup>



**39.4%**

per year for Diabetes Hospital Admissions

2016 \$



2041 \$



**2x**

Prevalence of diabetes and diabetes-related healthcare costs are projected to double in the next 25 years.<sup>7</sup>



Periodontal treatment can improve glycemic control in patients with diabetes.<sup>8</sup>

**SOURCES:**

1. <http://www.cdc.gov/features/diabetesfactsheet/>
2. <http://www.cdc.gov/features/diabetesfactsheet/>
3. <http://www.cdc.gov/features/diabetesfactsheet/>
4. [https://www.adha.org/resources-docs/7228\\_Oral\\_Health\\_Total.pdf](https://www.adha.org/resources-docs/7228_Oral_Health_Total.pdf)
5. <http://www.diabetes.org/diabetes-basics/statistics/infographics/adv-staggering-cost-of-diabetes.html>
6. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2782981/>
7. <http://onlinelibrary.wiley.com/doi/10.1111/joor.12339/full>
8. <https://www.unitedconcordia.com/dental-insurance/dental/conditions/ucwellness-oral-health-study/results-ucwellness-oral-health-study/>

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